

Ending The Game

A Trailblazing, Survivor-Written Curriculum

Available in 2020 through a peer support group
offered by Free Our Girls



endingthegame.com

In 2020, Free Our Girls will be offering two cycles of Ending The Game peer support groups. We want to make this unique community resource available to those most vulnerable for recidivism as sex trafficking survivors. **We need your help.**

What is Ending The Game?

ETG is a coercion resiliency program that aims to empower victims to acquire skills and end “The Game.” Ending The Game can help survivors of sexual exploitation recognize the patterns of abuse and psychological tactics their pimp-traffickers use to **coerce** them into a world of exploitation.

ETG is a survivor-created and survivor-informed program. It is a trauma-informed, psychoeducational curriculum that incorporates cognitive behavioral coping strategies. Participants learn to navigate the impact of false promises, emotional intensity, identity disturbance, shame and other traumas they have experienced while being trafficked.

History of Success

Free Our Girls completed two cycles of Ending The Game through a peer/therapist co-lead support group in 2019.

Over both cycles, we saw incredible revelations for participants! All the women who took part in the groups made connections to vulnerabilities, influencing factors, and tactics that their traffickers used to recruit, **groom** and **maintain control** over them.

Additionally, participants experienced powerful normalization - they were not alone, and their reactions to their exploitation were understandable. Following these two cycles of ETG, we have heard of countless “light bulb moments” as participants continue to apply that knowledge to present-day social interactions, including identifying when an intimate partner or acquaintance is exhibiting grooming behaviors and language.

Your Partnership is Needed for Referrals

Free Our Girls is seeking to partner with mental health offices and hospitals in the area to **lead in the identification and referral** process to us. Specifically, we are looking for self-harm, suicidal, and SUD patients (along with others presenting with other needs) that are seeking treatment with these partner agencies and that have **high probability** of trafficking happening or have self-identified during treatment.

Identification is specifically focused on **suicide prevention** because attempted suicide and intentional **overdose** are the **primary** ways women leaving trafficking are able to do so successfully. Emergency departments, psyche wards and mental health crisis facilities see this population frequently. ETG was originally developed for female-identifying individuals, however promising practices and data collection revealed that this program can be a great fit for queer and non-binary identifying individuals as well.

How to Refer Individuals to Free Our Girls

Ending The Game peer support groups are a resource in the community for such clients during intake, treatment sessions, or upon release. Second session will begin:

April 14th 5:30pm-6:30 p.m. and will meet **every Tuesday** for 10 weeks until June 16th.

Location will be Sparrow's Landing at 1513 11th Ave Greeley, CO 80631, with Fort Collins as another option. We can assist with transportation if that is a barrier.

8-10 participants is our goal. Times, dates and location may be subject to change based on participants' schedule.

ALL participants will receive a \$120 stipend upon completion of the cycle.

Please direct Referrals to:

Jessica Lindner
Survivor Services Coordinator
services@freeourgirls.org



Jessica will do an initial, informal meet-and-greet (“intake”) at a location of the referral's choosing. She will then coordinate connecting with the therapist co-facilitator for a brief assessment prior to starting ETG.

Thank you for partnering with us to empower survivors to acquire skills in Ending The Game. **Together**, we provide choice through options, empowerment, and hope!