

Ending The Game

A Trailblazing, Survivor-Written Curriculum

Available now through an online
peer support group



endingthegame.com

Ending The Game peer support groups are a unique resource available to those most vulnerable for recidivism as sex trafficking survivors. All groups are safe, confidential, and are meeting through ZOOM during a time of social distancing.

How to Join a group or to Refer Individuals to ETG:

Please contact us to join, or direct referrals to:

Jessica Lindner
Survivor Services Coordinator
services@freeourgirls.org

Next Group: Beginning soon: Mondays at 4:00 p.m. for 10 weeks

Held via **Zoom Meetings**: log in information will be sent by email

Times, dates and location may be subject to change based on participants' schedule.

ALL participants will receive a **\$120 stipend** upon completion of the cycle.

Jessica will do an initial, informal meet-and-greet ("intake") online/over the phone. A call will follow with the therapist/co-facilitator for a brief assessment prior to starting ETG.

What is Ending The Game?

ETG is a coercion resiliency program that aims to empower victims to acquire skills and end "The Game." Ending The Game can help survivors of sexual exploitation recognize the patterns of abuse and psychological tactics their pimp-traffickers use to **coerce** them into a world of exploitation.

ETG is a **survivor-created and survivor-informed** program. It is a trauma-informed, psychoeducational curriculum that incorporates cognitive behavioral coping strategies. Participants learn to navigate the impact of false promises, emotional intensity, identity disturbance, shame and other traumas they have experienced while being trafficked.

History of Success

Free Our Girls completed two cycles of Ending The Game through a peer/therapist co-lead support group in 2019. Over both cycles, we saw incredible revelations for participants! All the participants made connections to vulnerabilities, influencing factors, and tactics that their traffickers used to recruit, groom and **maintain control** over them.

Additionally, participants experienced powerful normalization - they were **not alone**, and their reactions to their exploitation were understandable. Following these two cycles of ETG, we have heard of countless “light bulb moments” as participants continue to apply that knowledge to present-day social interactions, including identifying when an intimate partner or acquaintance is exhibiting grooming behaviors and language.

Partnership is Needed for Referrals

Free Our Girls seeks to partner with mental health offices and hospitals across the nation to **lead in the identification and referral** process to us. Specifically, we are looking for self-harm, suicidal, and SUD patients (along with others presenting with other needs) that are seeking treatment and that have **high probability** of trafficking happening or have self-identified during treatment.

Identification is specifically focused on **suicide prevention** because attempted suicide and intentional **overdose** are the **primary** ways individuals leaving trafficking are able to do so successfully. Emergency departments, psyche wards and mental health crisis facilities see this population frequently. ETG was originally developed for female-identifying individuals, however promising practices and data collection reveals that this program is a great fit for males, queer, and non-binary identifying individuals as well.

Thank you for partnering with us to empower survivors
to acquire skills in Ending The Game.

Together, we provide choice
through options, empowerment, and hope!

For information or your questions, contact:

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